

FLEETWOOD PARK SECONDARY SCHOOL

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THURSDAY REVIEW



October 28, 2021
Edition: 08

Quotation Of The Week

"EDUCATION IS FOR
IMPROVING THE LIVES
OF OTHERS."

Marian Wright Edelman



The Week Ahead

Monday, November 1, 2021	
Tuesday, November 2, 2021	
Wednesday, November 3, 2021	
Thursday, November 4, 2021	Early Dismissal, 1:53pm Parent Teacher Interviews – Virtual (TEAMS)
Friday, November 5, 2021	

Upcoming Events

November 9th – Mock Interview Fair #1

November 11th – Remembrance Day – No Classes

November 12th – Non-Instructional Day

November 17th – Early Dismissal for Assessment 1:53pm

November 18th – Marks Due

November 22nd – DH Meeting 3:15pm

November 23rd – Reports Available

November 24th - 26th - Musical - The Last 5 Years 3-10pm (show starts at 6:30pm)

December 1st and 2nd – Winter Band Concert

December 1st – 8th – Grad Photos

December 6th – 8th – Winter Play Dress Rehearsals 3-7pm

December 9th and 10th - Winter Play Matinees (During School Hours)

December 13th and 15th - Winter Play Nights 3pm -10pm (show starts at 6:30pm)





In The News

New animated videos, available in several languages, remind students how to stay COVID-safe

Wednesday, October 27, 2021

New animated videos, available in multiple languages, encourage students to continue taking all the necessary steps to keep themselves and those around them safe during the ongoing COVID-19 pandemic.

The colourful videos, titled *Covid Guidelines*, explain how easily the virus can be passed from person to person and outline the steps that children and teens should take to stay healthy and protect others. The videos follow the easy-to-remember check up, back up, wash up and mask up (and for older students, vax up) checklist.

There are two versions of the video – one for an elementary student audience, and one aimed at upper-intermediate and secondary students, with age-appropriate messaging and images. Both are available in Punjabi, Arabic, Mandarin and French and all have closed captioning. There are also associated posters that can be hung in schools and classrooms.

"COVID-19 has affected the lives of students for two school years now – it's been a long road," says Surrey Board of Education Chair Laurie Larsen. "Our staff and students have done such an incredible job adjusting to new guidance and changing routines to keep our communities safe and healthy.

"These videos serve as a friendly reminder of the part we can all play every day. Hopefully students will share these health and safety practices with their friends and families, and we can look forward to an end to the pandemic."

Financial support for the video project was provided by the province as part of COVID-19 Rapid Response Team funding committed to school districts each health region. Surrey Schools was the lead in the Fraser Health Region, working closely with the local Medical Health Officer.

LINKS TO VIDEOS AND SUPPORTING RESOURCES:

Covid Guidelines - Elementary – [English](#); [French](#); [Punjabi](#); [Mandarin](#); [Arabic](#); [poster](#)

Covid Guidelines - Secondary – [English](#); [French](#); [Punjabi](#); [Mandarin](#); [Arabic](#); [poster](#)

by Sheila Reynolds at 1:00 PM



Health and Safety

A reminder of school health & safety protocols for the new school year

Friday, September 3, 2021

With the updated [Provincial K-12 Health & Safety Guidelines](#) come updated health and safety protocols in our schools for fall. Here's what's new and what you need to know for the return to class.

Check Up: *Every day, check how you are feeling, and stay home if you feel unwell. If you have COVID-19 symptoms, get tested.*

[Daily Health Checks](#) remain incredibly important in preventing the spread of COVID-19 and ensuring the health and safety of everyone. Students, staff, parents and caregivers are required to perform health assessments every day and stay home if they are sick. For more information on key symptoms, see our Daily Health Check forms, available in multiple languages, on the district's [COVID-19 Health & Safety page](#) or [download the K-12 Health Check Mobile App](#) (for students only).





Health and Safety

Back Up: *Be mindful and considerate of others' personal space. Some of us may be ready to welcome our friends with open arms but others may not. We need to respect each other's personal comfort level and start slow.*

While physical distancing of two metres is no longer mandatory, students and staff are encouraged to respect the personal space of others. Classrooms and indoor spaces will be arranged as best they can to make room to prevent involuntary physical contact.

Classes such as music and physical and health education (PHE) may be held outdoors or in large spaces indoors while utilizing the space and spreading out as much as possible.

Wash Up: *Wash or sanitize your hands regularly, including after being outside, going to the bathroom and before and after eating. Be sure to wash your hands for at least 20 seconds. Hand sanitizer works well if you don't have soap and water, but it's not effective if you can see dirt on your hands.*

Hand hygiene continues to be a simple but effective method to prevent the spread of disease. Students are asked to wash and sanitize their hands before using shared physical education and music equipment, which will be disinfected daily.





Health and Safety



Mask Up: *All school staff and Grade 4-12 students must wear a mask indoors. Kindergarten to Grade 3 students are encouraged to wear a mask. Ensure your mask is clean and dry, is a good fit, and covers your nose and mouth fully. Try not to touch your face or mask while you're wearing it.*

The mask mandate applies to all K-12 staff, visitors, volunteers and Grade 4-12 students, regardless of vaccination status, while indoors and on school buses. K-3 students and Grade 3 students in Grade 3-4 splits are not mandated to wear a mask indoors but are highly encouraged to do so. Exceptions to mask wearing are outlined in the provincial health guidelines.

The same mask rules apply during physical education classes indoors, though masks are not required during high-intensity physical activities. For music classes, masks are required indoors, while singing and when not playing a wind instrument.

Vax Up: *If you are eligible, get both doses of the COVID-19 vaccine.*

Getting vaccinated is the most effective way to reduce infections and transmission of COVID-19. The vaccine is safe and available to anyone aged 12 and older. People who are not vaccinated are at higher risk of getting and spreading COVID-19. Talk to your healthcare professional if you have questions or concerns. If you haven't already and are eligible, [register to receive your first and second dose of the COVID-19 vaccine](#).

For more information on health and safety, visit the district's [COVID-19 Health & Safety page](#).

by [Jacob Zinn](#) at 1:17 PM



Health and Safety

Halloween costumes: How to celebrate – and dress up – appropriately

Wednesday, October 27, 2021

With Halloween around the corner, students and staff alike may be excited to dress up this week, but it's important to be mindful that costumes do not include elements of cultural appropriation or other potentially offensive themes.

Cultural appropriation is the unacknowledged or inappropriate adoption of customs, practices, ideas or elements of a culture or identity by members of another. Some Halloween costumes may be unsuitable if they contain elements of:

- ◇ Race or ethnicity (i.e. blackface, brownface)
- ◇ Culture (i.e. Indigenous regalia/headdresses, hijabs, dreadlocks)
- ◇ Religion or faith (i.e. religious figures, gods, saints, gurus)
- ◇ Gender (i.e. gender switching for the purpose of humour or mockery)
- ◇ Ableism (i.e. mocking physical or mental abilities)

Some costumes may also be traumatic if they contain violent imagery, such as weaponry or a hangman's noose. Students and staff are reminded to be aware of cultural or racial stereotypes with their costumes and consider if their outfit may be offensive to others.



Health and Safety



Our district is committed to preventing harm by engaging our community in critical conversations about cultural appropriation and stereotypes and reminding our students and staff to be thoughtful about their costume choices.

There are many creative, fun and safe characters to dress up as without misrepresenting other cultures and identities. Let's appreciate instead of appropriate so that everyone may have a safe and fun Halloween.

by [Sheila Reynolds](#) at 9:07 AM







Health and Safety








WHAT HAPPENS IF A STUDENT GETS SICK?

Extra health and safety measures, like handwashing, learning groups, masks, daily health screens, and increased cleaning, will reduce the spread of COVID-19 and help keep schools safe.

IF A STUDENT SHOWS ANY COVID-19 SYMPTOMS AT SCHOOL..

-  The child waits in an isolated room
-  The school contacts parents or guardians to take the child home
-  Staff clean and disinfect exposure areas
-  The school notifies public health officials


THEN PUBLIC HEALTH..

-  Contact traces to identify potential COVID-19 exposures
-  May recommend testing
-  May recommend 14-day isolation if necessary
-  Gets in touch with close contacts
-  Provides follow-up recommendations as needed, which may include suspending in-class learning

Parents will be notified if their child has been in contact with a COVID-positive person and needs to self-isolate. Students will receive learning support while self-isolating.

learn more at backtoschool.gov.bc.ca



 DAILY HEALTH CHECK	
KEY SYMPTOMS OF ILLNESS	WHAT TO DO
Fever (above 38°C)	If yes to 1 or more of these symptoms: Stay home and get a health assessment.
Chills	
Cough	
Difficulty breathing	Contact a health care provider or 8-1-1 about your symptoms and next steps.
Loss of sense of smell or taste	
OTHER SYMPTOMS	WHAT TO DO
Sore throat	If yes to 1 symptom: Stay home until you feel better.
Loss of appetite	
Headache	
Body aches	If yes to 2 or more of these symptoms: Stay home for 24 hours.
Extreme fatigue or tiredness	
Nausea and vomiting	If symptoms don't get better or get worse, get a health assessment; contact a health care provider or 8-1-1 about your symptoms and next steps.
Diarrhea	
INTERNATIONAL TRAVEL:	WHAT TO DO
Have you returned from travel outside Canada in the last 14 days?	<p>If yes: All students and staff who have travelled outside of Canada are required to follow both provincial and federal requirements for entry.</p> <p>This includes students who are attending school from abroad. Students from outside of Canada should verify their entry status at least two weeks before they are scheduled to attend school. Additional information is available here.</p>
CLOSE CONTACT	WHAT TO DO
Have you been contacted by public health and notified that you are a close contact of a person confirmed to have COVID-19?	<p>If yes: Please follow the instructions provided by Public Health.</p> <p>You can call 8-1-1 anytime to get advice about how you are feeling and what to do next. Pay attention to how you are feeling. If it becomes hard to breathe, you can't drink anything or feel much worse, seek urgent medical care at an urgent care clinic or emergency department.</p>

Check your symptoms with the [K-12 Health Check](#). If you have any questions, or the symptoms get worse, contact your healthcare provider, or call 8-1-1. For more information on COVID-19, please go to www.bccdc.ca.

Note: If you develop severe symptoms, such as difficulty breathing (e.g. struggling to breathe or speaking in single words), having a very hard time waking up, confusion, or severe chest pain, call 9-1-1 or go to the nearest Emergency Department.

If you develop symptoms such as mild to moderate shortness of breath, inability to lie down because of difficulty breathing, or have chronic health conditions that you are having difficulty managing because of difficulty breathing, please consult your family doctor or nurse practitioner. You can call 8-1-1 anytime to talk to a nurse at HealthLinkBC and get advice about how you are feeling.

Please check BCCDC's [Symptoms of COVID-19](#) regularly to ensure the list is up to date.



COVID-19 Carpooling? Ride share?



BC Centre for Disease Control
Protecting health, advancing equity

Reduce the spread of COVID-19 while travelling with people outside your household

Before the trip

Always complete a COVID-19 symptom check before carpooling.

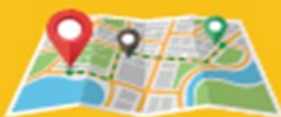
Unless you need medical care or testing, do NOT travel if you have:

- ☐ COVID-19 symptoms
- ☐ Travelled outside of Canada within the last 14 days
- ☐ Been told to self-isolate by Public Health



- Spread out as much as possible. If there are two people, the driver should be alone in the front.
- Wear a mask over your nose and mouth.
- Travel with the same people each time.

During the trip



Keep your trips as short as possible.



Open windows in the vehicle to allow air in.



Set the vehicle's ventilation to bring in fresh outside air.
DO NOT recirculate the air.



Avoid eating or drinking in the car.

Cleaning



Clean high contact areas (such as seat belts and door handles) every time you leave the vehicle.



If vehicles are shared on the job, clean between each shift.



Clean your hands when you get in and when you leave.

At work

If you are carpooling with another employee at your worksite, tell your employer. Your employer may use this information when making their COVID-19 Safety Plan.





"This Week at Fleetwood Park" – Principal's Message: October 25th – 29th

Hello Dragons and happy Thursday!

We have reached the end of October and it is Spirit Week. Our school has been enjoying Halloween festivities, the beautiful colours of autumn and the learning and excitement of our school community. I hope your week went well!





On Monday morning I had the opportunity to meet with a Traffic Consultant regarding the increased traffic congestion at Fleetwood Park Secondary this year. He observed our morning and afternoon peak traffic rushes, and will be making recommendations to the school and district in the weeks ahead. In the meantime, all students, parents/guardians are reminded that if it is at all possible, please walk/ride to school. If you can avoid driving, this would be helpful. If driving, please try to drop off/pick up a few blocks away from the school. Also, try to arrive outside our peak traffic times. Additionally, please avoid those left turns into/out of our parking lots. Lastly, please do not enter the staff parking lots along 156th Street. Again, thank you for all your efforts in keeping our community safe during these very busy times.





On Monday afternoon we held our Staff Meeting online. Thank you to all staff for your participation in our Privacy of Information training session, and your input regarding school operations. We continue to live in very interesting times and our school community and systems still require great flexibility, care and deliberation in all that we do. Thank you for all your efforts in 1) keeping us safe and healthy, and 2) rebuilding community, connection and school spirit. Our work together is so important and makes such a difference to the Fleetwood community.

On Monday evening our Parent Advisory Council (PAC) met for their budget allocation meeting. This was an important session and we are very appreciative of the careful and thoughtful discussion of this year's budget. The PAC will be sharing the budget with us over the next couple of weeks, and I know that their support will have a positive impact on extra-curricular programs across our school. Thank you.

On Tuesday afternoon, our Senior Boys Soccer team played against Princess Margaret Secondary for the High school Surrey Championships. The teams played to a 2-2 draw; and with this, our team finished in first place. Congratulations to the entire team for your success, and good luck in the playoffs!





Wednesday was “Formal Day” at Fleetwood Park! These boys were looking very sharp!



The University of the Fraser Valley visited our school on Wednesday at lunch to talk to interested students about their programs. Numerous post-secondary schools will be visiting us this year. Great thanks to our Career Education Department for coordinating this opportunity. Senior students are encouraged to listen for announcements of future visits and join us in the library at lunch to learn more about your potential future school.





Our Grade 8 Girls Volleyball team has a very bright future! On Wednesday afterschool the team was in top form winning both of their matches and showing great school spirit. Congratulations Dragons!



I would like to welcome our new Student Teachers from the University of British Columbia. This week they started their initial 2-week observation practicum. We are happy to help you begin your careers at Fleetwood Park Secondary. Our staff understand the importance of supporting and mentoring the next generation of teachers, and we look forward to the opportunity to demonstrate excellence in instruction and assessment. On Wednesday afternoon I had the chance to meet with this group of Teacher Candidates and provide a general welcome and orientation to our school. Teaching is such an important and honourable profession. You are fortunate to be part of the Fleetwood Park community this year, and we wish you all the very best.

This morning our Health and Safety Committee met to review all safety protocols and guidelines at our school. As you are aware, we are moving toward “near normal” with safety precautions in place. In my conversations with both students and staff, I am hearing gratitude that we are able to work and learn within our regular structures and that we are again able to provide the many extracurricular and special activities that were not possible over the past many months. All Dragons are reminded to please follow all of our Covid-19 Health and Safety guidelines. Remember to Check Up, Back Up, Wash Up, Mask Up and Vax Up. Take care of yourselves and your community. We will continue to proceed with caution and care.



<https://vimeo.com/622853890>



All parents/guardians are reminded to register your appointment times for our upcoming virtual Parent-Teacher interviews on November 4th.

I wish you the very best for a happy Friday. Have a safe Halloween and a relaxing weekend.



Ken



CARE & COMPASSION

Kindness...

- Uplifts
- Heals
- Brings us together
- Has health benefits

"I've learned that people
will forget what you said,
people will forget what you did,
but people will never forget
how you made them feel."

Maya Angelou
1928 - 2014





FLEETWOOD PARK SECONDARY SCHOOL

DAILY BELL SCHEDULE 2021-2022

Monday	Tuesday	Wednesday	Thursday	Friday
Warning Bell 8:25	Warning Bell 8:25	Warning Bell 8:25	Warning Bell 8:25	Warning Bell 8:25
Period A 8:30 - 9:52	Period B 8:30 - 9:52	Period C 8:30 - 9:52	Period D 8:30 - 9:52	Rotation 8:30 - 9:52
Period B 9:57 - 11:19	Period A 9:57 - 11:19	Period D 9:57 - 11:19	Period C 9:57 - 11:19	Rotation 9:57 - 11:19
LUNCH 11:19 - 11:59	LUNCH 11:19 - 11:59	LUNCH 11:19 - 11:59	LUNCH 11:19 - 11:59	LUNCH 11:19 - 11:59
Period C 12:04 - 1:26	Period D 12:04 - 1:26	Period A 12:04 - 1:26	Period B 12:04 - 1:26	Rotation 12:04 - 1:26
Period D 1:31 - 2:53	Period C 1:31 - 2:53	Period B 1:31 - 2:53	Period A 1:31 - 2:53	Rotation 1:31 - 2:53

FLEX DAYS	FRIDAY ROTATION			
Period A 8:30 - 9:39	SEPT	OCT	NOV	DEC
Period B 9:44 - 10:53	10 Mon	1 Thur	5 Thur	3 Wed
Period C 10:58 - 12:07	17 Tue	8 Mon	12 Pro D	10 Thur
Lunch 12:07 - 12:52	24 Wed	15 Tue	19 Mon	17 * FLEX DAY * dismissal at 2:01
Period D 12:52 - 2:01		22 Pro D	26 Tue	
		29 Wed		
Mon, Sept 20	JAN	FEB	MAR	APR
Mon, Oct 25	7 Tue	4 Mon	4 Thur	1 Tue
Mon, Nov 29	14 Wed	11 Tue	11 Mon	8 Wed
Fri, Dec 17	21 Thur	18 Wed	18 School closed	15 Good Friday
Mon, Jan 31		25 Pro D	25 Spring Break	22 Thur
Mon, Feb 28				29 Mon
Mon, Mar 28				
Mon, Apr 25	MAY	JUNE		
Mon, May 16	6 Pro D	3 Mon		
Wed, Jun 22	13 Tue	10 Tue		
	20 Wed			
	27 Thur			



Mission Statement:

"At Fleetwood Park Secondary we value excellence in education and strive to provide a learning environment where all students are encouraged to build successful futures."

