

Track & Field - Grades 3 to 7

This year we will have 2 weeks of practicing the different events, but by the end of the first week, the goal is that we shall know what students will be moving forward to attending the practices. In the second week, there will be finals for the running events (sprints, mid distance and long distance) and only the top two girls and boys from each class will attend these finals.

Categories: Tykes (grade 3 – 4), Pee Wees (grade 5 – 6), and Bantams (grade 7)

No Track & Field on May 3rd (Pro Day)

EVENT	M Apr 29	T Apr 30	W May 1	TH May 2	M May 6	T May 7	W May 8	TH May 9	FR May 10
High Jump	Div. 1, 2, 9	Div. 5, 6, 11	Div. 3, 4, 10	Div. 7, 8, 12					T R A C K D A Y
Sprints	Div. 1, 2, 9	Div. 7, 8, 12	Div. 3, 4, 10	Div. 5, 6, 11	After School 80 m Final (Tykes)	After School 100 m & 200 m Final (Bantam)	After School 100 m & 200 m Final (Pee Wee)		
Long Jump	Div. 1, 2, 9	Div. 7, 8, 12,	Div. 5, 6, 11	Div. 3, 4, 10					
Long Distance	Div. 3, 4, 10	Div. 7, 8, 12	Div. 5, 6, 11	Div. 1, 2, 9	Before School 800 m Final (Pee Wee)	Before School 600 m Final (Tykes)	Before School 1500 m Final (Bantam)		
Triple Jump	Div. 4, 3, 10	Div. 1, 2, 9	Div. 5, 6, 11	Div. 7, 8, 12					
Mid Distance	Div. 3, 4, 10	Div. 1, 2, 9	Div. 7, 8, 12	Div. 5, 6, 11	After School 400 m Final (Bantam)	After School 400 m Final (Pee Wee)	After School 300 m Final (Tykes)		
Shot Put	Div. 5, 6, 11	Div. 1, 2, 9	Div. 7, 8, 12	Div. 3, 4, 10					
Relays	Div. 5, 6, 11	Div. 3, 4, 10	Div. 7, 8, 12	Div. 1, 2, 9					
The above sessions will be during school hours.									

Thank you so much and let us have a great Track and Field Season!

Sincerely,

Krystal Millard (Head Coach)