

## Track Try Outs Schedule

<b>Monday</b> <b>April 28/ May 5</b>	<b>Tuesday</b> <b>April 29/ May 6</b>	<b>Wednesday</b> <b>April 30/ May 7</b>	<b>Thursday</b> <b>May 1/ May 8</b>	<b>Friday</b> <b>May 2/ May 8</b>
<b>After School (2:30-3:00)</b> <u><b>Sprints/ Relays</b></u> Grass Field	<b>Before School (7:50 - 8:20am)</b> <u><b>Boys-Long Jump</b></u> Sandpit	<b>Before School (7:50 - 8:20am)</b> <u><b>Shot Put</b></u> Gravel area by portables  <b>After School (2:30-3:00)</b> <u><b>Long Distance</b></u> Grass Field <u><b>Triple Jump</b></u> Sandpit	<b>Before School (7:50 - 8:20am)</b> <u><b>Girls-Long Jump</b></u> Sandpit	

## Track Practice Schedule

<b>Monday</b> <b>May 12/19/26/ June 2</b>	<b>Tuesday</b> <b>May 13/20/27/ June 3</b>	<b>Wednesday</b> <b>May 14/21/28/June 4</b>	<b>Thursday</b> <b>May 15/22/29/June 5</b>	<b>Friday</b>
Teams will be posted by the gym, and a track meet permission form will be sent home at this time. You will be expected to attend all practices unless there is an illness.	<b>Before School (7:50 - 8:20am)</b> <u><b>Boys-Long Jump</b></u> Sandpit  <b>After School (2:30-3:00)</b> <u><b>Sprints/ Relays</b></u> Grass Field	<b>Before School (7:50 - 8:20am)</b> <u><b>Shot Put</b></u> Gravel area by portables  <b>After School (2:30-3:00)</b> <u><b>Long Distance</b></u> Grass Field <u><b>Triple Jump</b></u> Sandpit	<b>Before School (7:50 - 8:20am)</b> <u><b>Girls-Long Jump</b></u> Sandpit  <b>Track Meet!</b>	