



January 21, 2022

Dear Parents,

As many of you are aware, the CDC Guidelines around Covid and Student Isolation have changed.

Moving forward, if your son/daughter is ill or has come into contact with someone with Covid-19, please refer to the BCCDC website: [BCCDC Self-Isolation and Self-Monitoring Guidelines \(January 19th update\)](#).

If you have questions, please call 811 or refer to the following sites:

- [What to do if you have Covid-19](#)
- [Self-Isolation and Self-Monitoring](#)
- [Instructions for Close Contacts](#)

From everything we have learned, the best way to keep our community safe is to remember to hand wash frequently, wear your masks, do the Health Check and stay home when you are ill (a reminder for parents that if your child(ren) becomes ill at any time throughout the school day they will be sent home). For more information on the Health Checks, please refer to the following sites:

- It is important to continue doing Daily Health Checks: [Daily Health Checks](#) remain an important step in ensuring the health and safety of staff and students. Anyone who feels unwell should not go to school.
- The Daily Health Check form has been translated into multiple languages, available [HERE](#).
- You can also use [BC COVID-19 Self-Assessment Tool here](#).

These links are also available on our school and district web pages. We appreciate all you have done, and continue to do, to help keep our students and staff safe by helping to prevent the spread of Covid.

Sincerely,

Ms. Paredes & Ms. Scott  
Principals