

VAPING PRODUCTS - FREQUENTLY ASKED QUESTIONS

3. WHAT IS IN THE E-JUICE?



The majority of e-juice typically contain:

- propylene glycol (PG)
- vegetable glycerin (VG)
- flavourings
- nicotine (none to very high amounts)

4. DOES THE AEROSOL CREATED FROM VAPING CONSIST OF ONLY WATER VAPOUR?

A misconception among youth and adults is that the aerosol is only water vapour. Once the e-juice is heated, a number of toxicants are created, such as:

TOXICANT	ALSO FOUND IN
Heavy metals	Lead-based paint
Carbonyls	Embalming liquid
Tobacco nitrosamines	Cigarettes
Volatile organic compounds (VOCs)	Gasoline
Polycyclic aromatic hydrocarbons (PAHs)	Vehicle exhaust
Tiny particles (smoke)	Wildfire

5. WHAT ELSE CAN BE VAPED?

Cannabis can also be vaped as dried flower or in concentrate forms such as wax and hash oil.



6. WHAT ARE THE HEALTH EFFECTS OF USING VAPING PRODUCTS?

Vaping products **DO HAVE** an impact on health. The toxicants in the aerosol, some of which are carcinogenic, can lead to short-term respiratory and cardiovascular health effects.

The long-term health effects of using vaping products are currently unknown and continue to be studied.

Vaping products that contain nicotine can lead to nicotine addiction and physical dependence. The immediate response to nicotine includes increased heart rate and blood pressure. Youth are particularly susceptible to the negative effects of nicotine. It can alter brain development, affect memory, concentration and mood.



7. ARE VAPING PRODUCTS LESS HARMFUL THAN CIGARETTES?

For people who smoke, may be considered a less harmful alternative. This is because the aerosol contains fewer toxic chemicals compared to cigarettes.



However, given the potential harms of vaping products, people who do not smoke, should **NOT** vape.

8. ARE THERE ANY HEALTH EFFECTS ASSOCIATED WITH EXPOSURE TO SECOND-HAND VAPOUR?

Nicotine, heavy metals and tiny particles have been found in secondhand vapour. Bystanders, including children and infants, can breathe in the vapour. People who use vaping products should therefore be cautious around non-users.



9. WHAT ARE THE OTHER RISKS ASSOCIATED WITH USING VAPING PRODUCTS?

Children and adults have been poisoned by swallowing or absorbing the e-juice through skin.

Vaping products can explode and cause fires that may result in burns and injuries. The lithium-ion batteries in vaping devices can be dangerous if they're not properly used, stored, carried or charged.



10. ARE VAPING PRODUCTS LEGAL IN CANADA?

Vaping products are legal in Canada. However, there are both federal and provincial laws that govern how they are produced, labelled, promoted and sold.

11. WHAT IS THE AGE RESTRICTION FOR PURCHASING VAPING PRODUCTS?

In BC, you must be 19 years or older to purchase vaping products.



12. IS VAPING PROHIBITED ON SCHOOL PROPERTY?

The BC Tobacco and Vapour Products Control Act bans vaping in all places that smoking is not allowed. This applies to in or on school property. According to the Act, administrators (the board, superintendent and principals) are accountable if there is a violation. Administrators must ensure students' compliance and provide a safe and healthy learning environment.