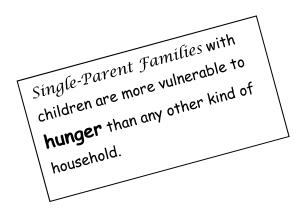
It's a myth that food banks make their users dependent. In a study of one provincial food bank most clients made less than 1/2 of the maximum number of annual visits.



Our Me to We Team is doing a "We Scare Hunger" Campaign Oct. 24th - 31st



Adults living without enough food are 1.7x more likely to have been diagnosed with a mental health issue.

We would greatly appreciate any non-perishable food items you are able to bring in, for the food bank, during this time.

Thank you!

Nunavut is more than 4 x higher than the Canadían average.

LEARN MORE ABOUT THE ISSUES AT WE.ORG/EXPLORINGISSUES
LEARN HOW TO TAKE ACTION AT WE.ORG/WESCAREHUNGER #WESCAREHUNGER