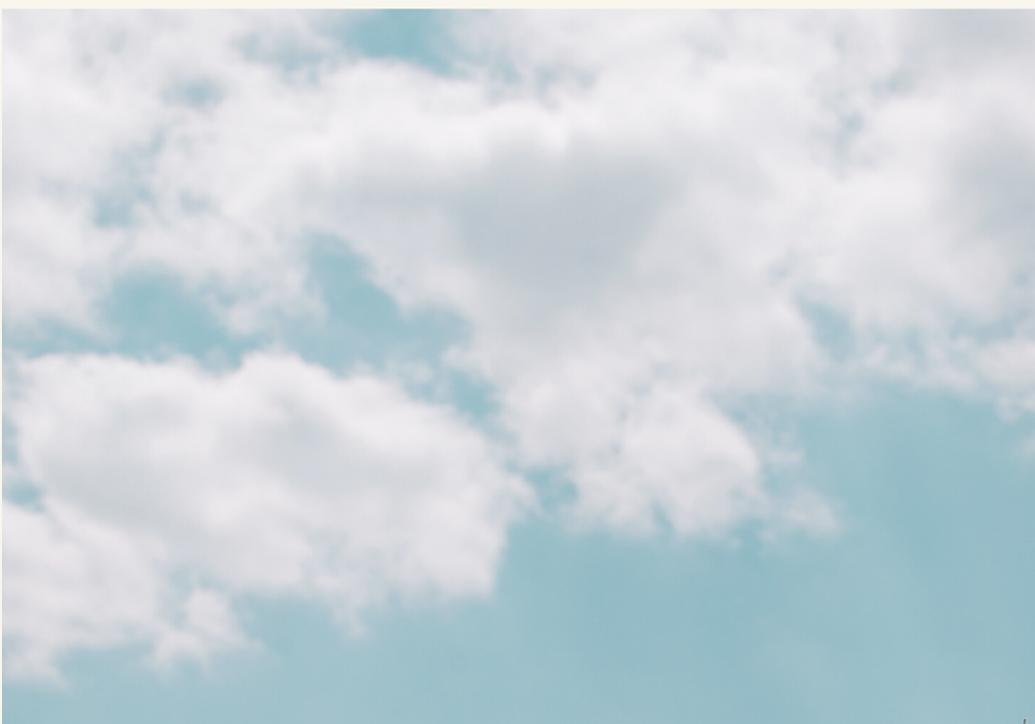


FINANCIAL STRESS



WE HEAR YOU SAYING...

STRESS AT HOME ALONG WITH WORK STRESS CAN BE OVERWHELMING AT TIMES.



AN INVITATION TO ALL

MANAGING MONEY WELL TAKES TIME. BUT BY BEING AWARE OF OUR SPENDING AND SAVINGS, WE CAN MAKE BETTER FINANCIAL CHOICES FOR OURSELVES AND OUR FAMILY.



Please Click Below for Resources on Financial Wellness

FINANCE FOR EVERYONE

HIGHLIGHTS FROM THE VIDEOS:

- how to get your financial house in order
- how to manage debt
- insurance and investments

MANAGING MONEY IN TIMES OF UNCERTAINTY

HIGHLIGHTS FROM THE ARTICLE:

- managing fixed expenses
- setting priorities